

April 2021

# Food For Thought

"Lend a hand to help feed your fellow man"



806 Fayette Street • Bastrop, Texas 78602 | (512) 303-0033 | [www.BastropFoodPantry.org](http://www.BastropFoodPantry.org)

## BASTROP COUNTY EMERGENCY FOOD PANTRY

**APRIL 18TH – APRIL 24TH**  
**VOLUNTEER APPRECIATION WEEK**

Howdy Partners,

I want to take full advantage of this opportunity to say thank you to each of you for all of your hard work and commitment to our mission and work here at Bastrop County Emergency Food Pantry & Support Center. Volunteers are the heartbeat of this organization. Each of you have been essential during these unpredictable times. Our Food Pantry team is grateful and our program participants are blessed by each you.

In 2020 collective there was a total of 3,642 hours donated to the mission and causes. The estimated rate for volunteers is \$25.43 per hour. That means that you our amazing volunteers contributed \$92,616.00 to this agency. Woohoo!"

Congratulations Lisa Gossett had the most volunteer hours for FY2020. She volunteered a total of 315 hours.

Thank you for your support!

## OUR IMPACT

Volunteer Hours for the reporting month February 2021

Client Service Report Month Ending February 25th FY2021

Volunteer Hours: 279 hrs



4/14 Janice Brown  
4/28 Don Hall  
4/30 Karen Loisel

## IMPORTANT DATES

4/1 PANTRY EXPRESS 4:00 - 7:00 pm  
4/12 Homeless Distribution Day 1:30 - 3:30 pm

**PLEASE NOTE:** Please make sure you have a volunteer badge and gloves on at all times and closed-toed shoes are required when at the Pantry.

## TRAINING CLASSES

### \*\*\*\*LOOKING FORWARD TO A VERY IMPORTANT TRAINING\*\*\*\*

Volunteers that work directly with clients will need to complete the CTFB Civil Rights Training on line at <https://www.centraltexasfoodbank.org/agencies> then scroll to Resource and Under Training you will see the Civil Rights Training. Please complete the training, there are quizzes involved, and email your certification to me so I can put it in your Volunteer file here at BCEP.

**ALL VOLUNTEER CLASSES WILL BE VIA ZOOM DURING THE BASTROP COUNTY COVID 19 RESTRICTIONS.**

**Scanner Training** – any volunteer working in the Whole Grains Program will need to participate in a short Scanner Training please contact Tresha Silva at [Director@bastropfoodpantry.org](mailto:Director@bastropfoodpantry.org) to set up a date to train.

**Volunteer Orientation** – TBA

**Food Safety Training** – TBA

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## VOLUNTEER HIGHLIGHTS

### Volunteer of the Month

Chris, a long-time donor and volunteer, loves to travel. She is a former nurse and paralegal. She volunteered for years teaching English as a second language and basic English and math in a prison. She's helped out at the Pantry as a receptionist, administrative assistant, event volunteer, Brown Bag senior program assistant, and helped with stocking. She is a delight to work with! We appreciate her dedication to the Food Pantry and the community.



**CHRIS ARANT**  
VOLUNTEER OF THE MONTH

### Wish List

- Bingo gifts (unisex)
- Syrup
- Jelly Plastic Containers
- Dried Beans (All types)
- Stuffing
- 64 oz. Juices
- Canned Tuna
- Soups – Broth & Cream-based
- Hamburger Helper (Tuna and Chicken)
- Coffee
- Hygiene Items, i.e., bath soap, toilet paper, deodorant
- Laundry Soap
- Canned green beans
- Canned corn
- Mac n cheese
- Dry cereals
- Small bags sugar
- Small bags flour
- Cooking oil (vegetable)
- Cream of Mushroom Soup



**IMMEDIATE VOLUNTEER POSITIONS AVAILABLE ARE:**

**STOCKING HELP VOLUNTEERS:** Opportunity to help stock and rotate stock in our Supply Room. Volunteers would be lifting 50-100 lbs of food items to be stored and rotated on a regular basis. Most of this is done on Thursdays from 9:00 am - 12:00 pm.

**DONATION CENTER:** a steady stream of volunteers is required to team up on a regular basis to work in the sorting, dating, packing boxes and moving them to the Front Pantry for distribution. Approximately 6-8 people are needed on Tuesday and Thursday, mornings and afternoons.

**GROUP VOLUNTEERS:** There are many opportunities for church groups, civic clubs, work groups, to volunteer.

Please apply with Tresha Silva or visit our website at [www.https://BastropFoodPantry.org](https://BastropFoodPantry.org) to get a Volunteer Application.



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## Meet the Staff Monday



## Jennifer Evans

Jennifer is new to Bastrop. She comes to us from a Food Bank in Arizona, where she worked as an Inventory Supervisor for a large warehouse. She loves her dogs, cats, horses, and fish. One of her favorite things to do is to make food for people. She brings to the Pantry her passion for helping people access food.

*"Everyone needs a little pick me up at times in their life"- Jennifer Evans*

**ACTIVATE. EDUCATE. VOLUNTEER. DONATE.**



1. Sign into Amazon Smile at <http://smile.amazon.com> (you have to do this on a computer, it doesn't let you connect your Amazon account from a cell phone).
2. Sign in and select the Pantry as your nonprofit organization!
3. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to BCEFP! And it adds up fast!!

## OUR COMMUNITY AND STAFF THANK YOU FOR YOUR DEDICATION!

- ✓ 1. Sign in (and out) each time you volunteer here at the Bastrop County Emergency Food Pantry
- ✓ 2. Wear a badge and gloves at all times when at the Pantry. **MASK ARE REQUIRED**
- ✓ 3. Please let Tresha know, either via phone or email, if you are unable to fulfill your shift

Your volunteer hours count in more ways than you know.  
Volunteer hours help to provide matching dollars for grants.



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## BASTROP EMPTY BOWL 2021 CHANGES ANNOUNCED

*Safety and Community Participation at the Forefront of  
Bastrop County Emergency Food Pantry's Decision to Postpone.*

**For Immediate Release: March 30, 2021**

**Bastrop, March 30, 2021** - In February, Bastrop County declared its second disaster in less than twelve months. The long term toll of the pandemic and the historical storms have left many in our County in crisis, wondering where their next meal will come from or how they will keep their lights on. Many businesses sustained damages to their buildings as well, like the Bastrop County Emergency Food Pantry, which had a burst pipes in one of their buildings as a result of the unprecedented frigid temperatures. And while there is much hope on the horizon this spring, there is still much work to be done.

And with that, it is with heavy hearts that the Food Pantry announces that they will be postponing the 17th annual Bastrop Empty Bowl Event. "To everything there is a season, and a time to every purpose. And right now we need to focus on helping the community through this," said the Executive Director, Tresha Silva. "We look forward to holding the event when it is safe to once again do so in person."

With the continued support of the community the Food Pantry continues to serve those in crisis. If you or anyone you know is in need of emergency food or emergency rental and utility assistance give the office a call at 512-303-0033 or go to their website [www.bastropfoodpantry.org](http://www.bastropfoodpantry.org) if you have any questions or need more information about the programs and services they provide.