

February 2021

Food For Thought

"Lend a hand to help feed your fellow man"



806 Fayette Street • Bastrop, Texas 78602 | (512) 303-0033 | www.BastropFoodPantry.org

BASTROP EMPTY BOWL PROJECT 2021

Safety and Community Participation at the Forefront of Bastrop County Emergency Food Pantry's Decision to move the date!

For Immediate Release: January 14, 2021

Bastrop, January 14, 2021 - Bastrop County Emergency Food Pantry is excited to announce some new changes to the Bastrop Empty Bowl Event. "Empty Bowl Projects", such as Bastrop's, occur across the nation as a means of combating hunger by raising funds to support local food pantries and to raise awareness about the extent of hunger in the local community. All proceeds from ticket sales and sponsorship's for this event will go toward sustaining the Food Pantry's lifeline to Bastrop County residents living in poverty. More than one in seven of the county's residents are living in poverty and the number is rising at an alarming rate.

The 17th annual Bastrop Empty Bowl event will look a little different. This year the event will take place on Saturday, April 24 and will be all on-line! The new date gives the staff and board of directors the time to plan an incredible event that the community will love! We have some really fun and innovative ideas to make this an Empty Bowl you won't forget.



OUR IMPACT

Volunteer Hours for the reporting month December 2020

Client Service Report Month Ending December 25th FY2020

Volunteer Hours: 276.08 hrs

	# of Clients	Pounds	Members in Household
NIBBLES	9	2556	0
Brown Bag	112	3030	157
Commodities	80	2640	114
Emergency Asst.	146	16830	387
Fresh Foods for Families	0	0	0
Open Arms	3	60	4
Disaster Asst.	1	42	1
Pantry Express	5	751	4
Special Asst. Program	32	601	106
Senior Activity	0	0	0
Whole Grains	328	8741	484
TOTAL SERVED	716	35251	1257



2/8 Mary Wier

IMPORTANT DATES

- 2/4 PANTRY EXPRESS 4:00 - 7:00 pm
- 2/8 Homeless Distribution Day 1:30 - 3:30 pm
- 2/15 Pantry Closed for President's Day



PLEASE NOTE: Please make sure you have a volunteer badge and gloves on at all times and closed-toed shoes are required when at the Pantry.

TRAINING CLASSES

****LOOKING FORWARD TO A VERY IMPORTANT TRAINING****

Volunteers that work directly with clients will need to complete the CTFB Civil Rights Training on line at <https://www.centraltexasfoodbank.org/agencies> then scroll to Resource and Under Training you will see the Civil Rights Training. Please complete the training, there are quizzes involved, and email your certification to me so I can put it in your Volunteer file here at BCEP.

ALL VOLUNTEER CLASSES WILL BE VIA ZOOM DURING THE BASTROP COUNTY COVID 19 RESTRICTIONS.

Scanner Training – any volunteer working in the Whole Grains Program will need to participate in a short Scanner Training please contact Tresha Silva at Director@bastropfoodpantry.org to set up a date to train.

Volunteer Orientation – February 23 2021 via Zoom call or email to RSVP

Food Safety Training – TBA

The mission of the Bastrop County Emergency Food Pantry & Support Center is to serve Bastrop County residents going through periods of transition by providing emergency food assistance, education and support.

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Please mark your calendar for April 24 and like and follow our social media (Facebook and Instagram) and our website to keep up-to-date on the event and the other things we are doing at the Food Pantry.

VOLUNTEER HIGHLIGHTS



This month we are highlighting our Wednesday Whole Grain Distribution Team:

Lisa and Bill have lived in three other states and in four other countries. Bastrop has always been their home base since Lisa was born and raised here, and now they are happy to be near family and living here for good.

They both enjoy traveling, cooking, reading, and spending time outdoors, especially working on their land near Rockne.

Lisa has been a regular volunteer at BCEFP for two and a half years, helping with Whole Grains, Brown Bag, Fresh Foods, and the Donation Center.

Bill began volunteering at BCEFP nine months ago, shortly after retiring from his career in plastics manufacturing. He picks up bread and produce at H-E-B for the Whole Grains program, and contributes his time in other areas as well. He constructed the COVID shields for the front office and the support center, and he and Lisa have done some repairs and large branch removal around the support center. Bill enjoys joking around, and when he helps Lisa in the Donation Center, he likes to tell the staff to knock before they enter since he and Lisa will be in the "Dating" Room.

Wish List

- Bingo gifts (unisex)
 - Syrup
 - Jelly Plastic Containers
 - Dried Beans (All types)
 - Stuffing
 - 64 oz. Juices
 - Canned Tuna
 - Soups – Broth & Cream-based
 - Hamburger Helper (Tuna and Chicken)
 - Coffee
 - Hygiene Items, i.e., bath soap, toilet paper, deodorant
 - Laundry Soap
 - Canned green beans
 - Canned corn
 - Mac n cheese
 - Dry cereals
 - Small bags sugar
 - Small bags flour
 - Cooking oil (vegetable)
 - Cream of Mushroom Soup
- 



IMMEDIATE VOLUNTEER POSITIONS AVAILABLE ARE:

STOCKING HELP VOLUNTEERS: Opportunity to help stock and rotate stock in our Supply Room. Volunteers would be lifting 50-100 lbs of food items to be stored and rotated on a regular basis. Most of this is done on Thursdays from 9:00 am-12:00pm.

DONATION CENTER: a steady stream of volunteers is required to team up on a regular basis to work in the sorting, dating, packing boxes and moving them to the Front Pantry for distribution. Approximately 6-8 people are needed on Tuesday and Thursday, mornings and afternoons.

GROUP VOLUNTEERS: There are many opportunities for church groups, civic clubs, work groups, to volunteer.

Please apply with Tresha Silva or visit our website at [www.https://BastropFoodPantry.org](https://BastropFoodPantry.org) to get a Volunteer Application.

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Rotary 
Club of Bastrop County

NEW

NIBBLES

The Nutrition in Backpacks before Little Ones Exit School

SPONSOR

THANK YOU!

ACTIVATE. EDUCATE. VOLUNTEER. DONATE.



1. Sign into Amazon Smile at <http://smile.amazon.com> (you have to do this on a computer, it doesn't let you connect your Amazon account from a cell phone).
2. Sign in and select the Pantry as your nonprofit organization!
3. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to BCEFP! And it adds up fast!!

OUR COMMUNITY AND STAFF THANK YOU FOR YOUR DEDICATION!

- ✓ 1. Sign in (and out) each time you volunteer here at the Bastrop County Emergency Food Pantry
- ✓ 2. Wear a badge and gloves at all times when at the Pantry
- ✓ 3. Please let Catherine know, either via phone or email, if you are unable to fulfill your shift

Your volunteer hours count in more ways than you know.
Volunteer hours help to provide matching dollars for grants.



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