

Food For Thought

"Lend a hand to help feed your fellow man"



806 Fayette Street • Bastrop, Texas 78602 | (512) 303-0033 | www.BastropFoodPantry.org



WE WISH WELL NEKO RAY

Thank you for giving me the opportunity to work in this position for the past 6 years. I have thoroughly enjoyed working here and appreciate all of the opportunities you have given me. I am very grateful for all the assistance you have provided me with while being here. However, I have decided it is time for me to move on to my next chapter. This wasn't an easy decision for me. I believe I have learned all I can in this role and I am excited for the future and what it will bring. To all the staff members, volunteers and board members I will miss you all dearly and I will never forget the memories we have shared.

Yours Truly,
Neko Ray

VOLUNTEER HIGHLIGHTS

This month we are highlighting our Wednesday Whole Grain Distribution Team:

Diana Kennett and
Shone Syring
(Pictured to the right)



Diana Kennett is a Volunteer that fills in wherever needed. She has been filling in the last couple of months in our Whole Grain Distribution Program on Wednesdays for a couple of our

OUR IMPACT

Volunteer Hours for the reporting month November 2020

Client Service Report Month Ending November 25th FY2020

Volunteer Hours: **367.37 hrs**

	# of Clients	Pounds	Members in Household
NIBBLES	12	2413	0
Brown Bag	113	2846	157
Commodities	74	2348	107
Emergency Asst.	139	15415.84	405
Fresh Foods for Families	0	0	0
Open Arms	4	72	10
Disaster Asst.	0	0	0
Pantry Express	0	0	0
Special Asst. Program	0	0	0
Senior Activity	0	0	0
Whole Grains	355	7663	511
TOTAL SERVED	697	30757.84	1190

Wish List

- Bingo gifts (unisex)
- Syrup
- Jelly Plastic Containers
- Dried Beans (All types)
- Stuffing
- 64 oz. Juices
- Canned Tuna
- Soups – Broth & Cream-based
- Hamburger Helper (Tuna and Chicken)
- Coffee
- Hygiene Items, i.e., bath soap, toilet paper, deodorant
- Laundry Soap
- Canned green beans
- Canned corn
- Mac n cheese
- Dry cereals
- Small bags sugar
- Small bags flour
- Cooking oil (vegetable)
- Cream of Mushroom Soup



1/29 Tom Iha

Important Dates

- 1/1 Closed New Year's Day
- 1/7 PANTRY EXPRESS 4:00 - 7:00 pm
- 1/11 Homeless Distribution Day 1:30 - 3:30 pm
- 1/18 Pantry Closed for Martin Luther King Holiday

ACTIVATE. EDUCATE. VOLUNTEER. DONATE.



- Sign into Amazon Smile at <http://smile.amazon.com> (you have to do this on a computer, it doesn't let you connect your Amazon account from a cell phone).
- Sign in and select the Pantry as your nonprofit organization!
- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to BCEFP! And it adds up fast!!

OUR COMMUNITY AND STAFF THANK YOU FOR YOUR DEDICATION!

- ✓ 1. Sign in (and out) each time you volunteer here at the Bastrop County Emergency Food Pantry
- ✓ 2. Wear a badge and gloves at all times when at the Pantry
- ✓ 3. Please let Catherine know, either via phone or email, if you are unable to fulfill your shift

Your volunteer hours count in more ways than you know.
Volunteer hours help to provide matching dollars for grants.



PLEASE NOTE: Please make sure you have a volunteer badge and gloves on at all times and closed-toed shoes are required when at the Pantry.

ALL VOLUNTEER CLASSES WILL BE VIA ZOOM DURING THE BASTROP COUNTY COVID 19 RESTRICTIONS.

TRAINING CLASSES

Scanner Training – any volunteer working in the Whole Grains Program will need to participate in a short Scanner Training please contact Tresha Silva at Director@bastropfoodpantry.org to set up a date to train.
Volunteer Orientation – January 7, 2021 via Zoom call or email to RSVP
Food Safety Training – TBA



IMMEDIATE VOLUNTEER POSITIONS AVAILABLE ARE:

STOCKING HELP VOLUNTEERS:

Opportunity to help stock and rotate stock in our Supply Room. Volunteers would be lifting 50-100 lbs of food items to be stored and rotated on a regular basis. Most of this is done on Thursdays from 9:00 am-12:00pm.

DONATION CENTER: a steady stream of volunteers is required to team up on a regular basis to work in the sorting, dating, packing boxes and moving them to the Front Pantry for distribution. Approximately 6-8 people are needed on Tuesday and Thursday, mornings and afternoons.

GROUP VOLUNTEERS: There are many opportunities for church groups, civic clubs, work groups, to volunteer.

Please apply with Catherine Hausenfluke, Tresha Silva or visit our website at www.https://BastropFoodPantry.org to get a Volunteer Application.

The mission of the Bastrop County Emergency Food Pantry & Support Center is to serve Bastrop County residents going through periods of transition by providing emergency food assistance, education and support.

January 2021

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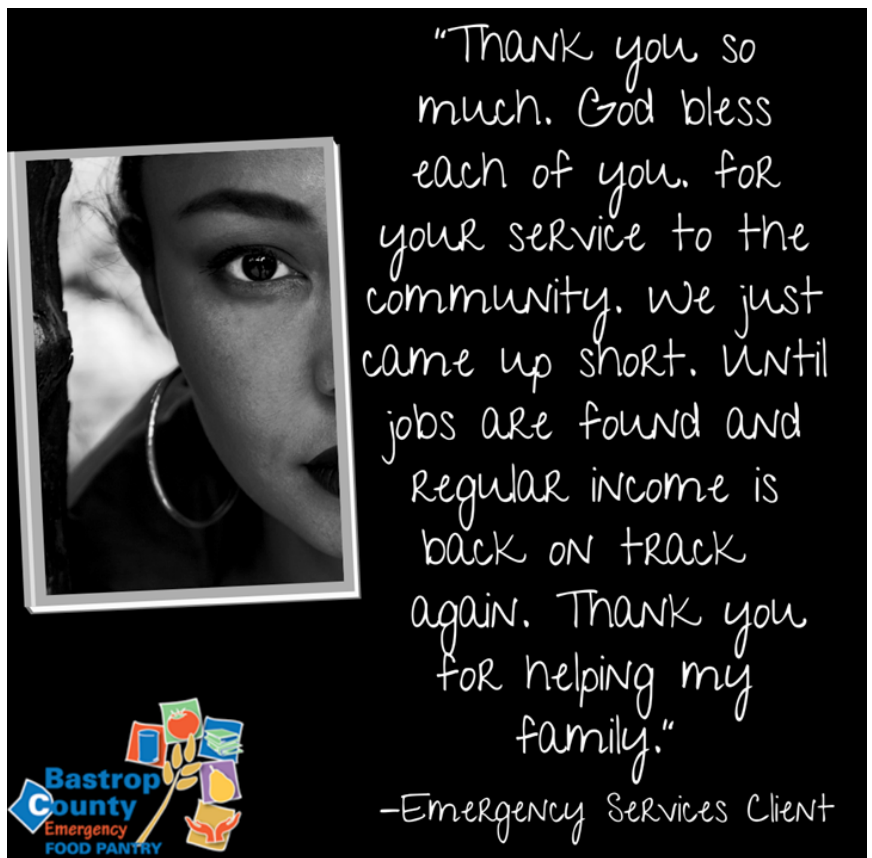


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regular Volunteers that have been out for the holidays. Diana helps our Director, Tresha, with administrative tasks and she also helps record all our Volunteer hours each month. Diana is an Army Veteran and learned computer programming in the Army. After her Army days she worked as a Computer Analyst for about 30 years. Diana has been volunteering with the BCEFP for 2 years and is a joy to work with and we are very thankful for her caring and giving heart.

Shone Syring is retired from HEB Shone has worked at many influential restaurants in the Austin Area among them the Headliner's Club and at the Airport. He now works a couple of part time jobs and finds time to volunteer here at the BCEFP. Shone loves to garden and has many plants that he tends to at his home. Cooking is also one of his favorite things to do, before COVID he prepared meals for our Seniors and shares recipes with clients and staff here at the Pantry. Shone has been volunteering here at the BCEFP for about a year. There is never a dull moment when Shone is working at the Pantry, his work ethic and joyful spirit is contagious and puts a smile on everyone's face.

**THANK YOU
FOR MAKING OUR
MISSION COME
TO LIFE!**



****LOOKING FORWARD VERY IMPORTANT TRAINING****

The first week in January all Volunteers will receive an envelope in the mail with the MANDATORY, Limited Civil Rights Training. You will receive 2 copies, one for you to keep and the other for you to return to the BCEFP in the envelope provided. This training is required for ALL Volunteers by the Central Texas Food Bank. Volunteers that work directly with clients will need to complete the CTFB Civil Rights Training on line at <https://www.centraltexasfoodbank.org/agencies> then scroll to Resource and Under Training you will see the Civil Rights Training. Please complete the training, there are quizzes involved, and email your certification to me so I can put it in your Volunteer file here at BCEP.

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KNOW YOUR CLIENTS' CIVIL RIGHTS

Thank you for helping in the fight against hunger in Central Texas. You are making a big difference in the lives of our neighbors in need.

The Central Texas Food Bank is grateful that our volunteers serve each client with the dignity they deserve. We are required by the U.S. Department of Agriculture (USDA) to ensure that **all clients are informed and aware of their civil rights while they are being served.**

You can be our eyes and ears by helping us identify any instances in which a client is subject to harassment or discrimination. **The Central Texas Food Bank will not tolerate harassment or discrimination by any individual.**

What is discrimination?

Discrimination is the practice of unfairly treating a person or group of people differently from other people or groups of people.

USDA prohibits discrimination based on these things:

- Race
- Disability
- Color
- Age
- National origin
- Reprisal or retaliation for prior civil rights activity
- Sex

Here is the complete USDA nondiscrimination statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov

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