

Food For Thought

"Lend a hand to help feed your fellow man"



806 Fayette Street • Bastrop, Texas 78602 | (512) 303-0033 | www.BastropFoodPantry.org



HEALTHY PANTRY INITIATIVE

Bastrop County Emergency Food Pantry is expanding our Healthy Pantry Initiative (HPI)

We understand that hunger and health are deeply connected. That's why we have implemented HPI to make the healthy choice the easy choice for clients.

The goal of the program is to expand the capacity of health-focused partners, so that we can increase produce distribution and other foods to encourage by giving clients the knowledge and tools needed to select and enjoy healthy food.

Since staying healthy is more than just eating, we provide clients with additional health resources based on their capacity. It can be as easy as distributing informational health materials, to providing client referrals to health services, or even providing health services onsite, like screenings.

Congratulations HIGH SCHOOL GRADUATES



Abby Bowlin lives in Bastrop Texas, and is the daughter of Chris & Brian Bowlin. She earned her Girl Scout Gold Award, and is now working towards her BSA Eagle Award. Abby is also a Lifeguard, and she works at a Girl Scout camp. On May 18th she graduated from Abeka Academy in Pensacola, Florida. In the future she plans to work for an airline as she travels the world. Abby has been volunteering at the Bastrop Emergency Food Pantry since August 2018.



Steve and Julia Dunn, parents of Riley Dunn are proud to announce his graduation from High School. Riley is a Bastrop Sheriff's Explorer and participated in ROTC. He also enjoyed track, bowling, cycling and basketball for Special Olympics. Riley has been accepted into the Texas A&M PATH program beginning in June 2019 to become a Direct Support Professional assisting the elderly.

OUR IMPACT

Our Impact: : March 26-April 25, 2019
Client Service Report Month Ending April 25th FY19

Volunteer Hours:	326 hrs		
	# of Clients	Pounds	Members in Household
NIBBLES	12	2770	0
Brown Bag	104	2580	147
Commodities	66	1980	88
Emergency Asst.	105	10219	301
Fresh Foods for Families	0	0	0
Open Arms	5	65	11
Disaster Asst.	0	0	0
Pantry Express	0	0	0
Special Asst. Program	0	0	0
Senior Activity	19	359	21
Whole Grains	418	4534	618
TOTAL SERVED	729	22507	1185

HELP NEEDED

"CHEFS OF PASSION": Come "tickle the taste buds" of the Senior Citizens served at the Bastrop Food Pantry. Three volunteers will alternate every other Thursday preparing meals for approximately 15 participants. The Food Pantry offers volunteers specialized training and also makes items available to prepare the meal.

"SHARE A SMILE": "Share a warm smile and a kind word" to the clients during Whole Grains Distribution on Monday, Wednesdays, and/or Fridays of each week of the month.

LEAD VOLUNTEERS NEEDED FOR THE NIBBLES SCHOOL PROGRAM: "Nutrition in Backpacks Before Littles Exit School" - two volunteers to take the Leadership position for the upcoming school year. Volunteers will need to be able to commit to twice a month for the entire school year. Task description is available for review. Please contact Missy King for more information. Training will take place during the summer months in order to begin the program in August of 2019

Wish List

- Bottled Water: 16.9 oz. size
- Bingo gifts (unisex)
- Syrup
- Dried Beans (All types)
- Canned Vegetables
- 64 oz. Juices
- Canned Tuna or Chicken
- Soups - Broth & Cream based
- Hamburger Helper (Tuna and Chicken)
- Hygiene Items, i.e. bath soap, toilet paper, deodorant
- Laundry Soap Pods



ACTIVATE. EDUCATE. VOLUNTEER. DONATE.



Fathers Day is coming! Please support the BCEFP through AmazonSmile! Please sign into Amazon Smile at <http://smile.amazon.com>. Sign in and select the Pantry as your nonprofit organization! Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to BCEFP!

Please don't forget to sign in and out each time you volunteer at the Bastrop County Emergency Food Pantry & Support Center Inc. **Missy King, Volunteer Coordinator needs your help.** She would like for you to **PRINT your first and last names on the Volunteer Log Sheet.** **Your volunteer hours count in more ways than you know.**

- ✓ Volunteer hours help to provide matching dollars for grants.
- ✓ Volunteer hours helps the agency plan accordingly to meet the needs of our clients.
- ✓ Volunteer hours show how vested the community is in the agency mission.



Thanks!

SUMMER SCHEDULES: if you will be leaving for an extended time for the summer, please notify Missy King ASAP so she can schedule other volunteers into those tasks.

PLEASE NOTE: Please make sure you have a volunteer badge and gloves on at all times and closed-toed shoes are required when at the Pantry.

TRAINING CLASSES

Healthy Pantry Initiative Training: All Whole Grains volunteers are required to attend one of the two trainings available. (Please check calendar for the two dates available and register with Laura Bianco, Program Coordinator)
Scanner Training -any volunteer working in the Whole Grains Program will need to participate in a short Scanner Training to be to be announced at a later date.
Volunteer Orientation/Food Safety Training: To be announced at later date



- 6/11 Justin Wagner
- 6/13 Barbara Adkins
- 6/26 Marian McClelland

Important Dates

6/06/19 CLOSED for Staff Retreat

We know everyone but if you or someone you know could give an hour or two in the donation center, we would greatly appreciate it!

Looking for volunteers that can assist with administrative tasks like filing, excel, answering phones, etc. Please apply with Missy King if interested in volunteering.

- If you have any students that need community service hours for school clubs or to fulfill a legal obligation, please come to the pantry now and get an application. Get the process started so you are ready to volunteer during the spring and summer school breaks!
- If you or any group you know that may be interested in volunteering to www.bastropfoodpantry.org or to stop by 806 Fayette Street Bastrop, TX 78602 for a volunteer application.

Find us on Facebook **Bastrop County Food Pantry**